

VISICOL/Ducolax Tablets Dosing Regimen

Items to purchase:

*VISICOL Tablets—by prescription
4 Ducolax Tablets—over the counter*

- Begin a clear liquid diet the day before the procedure.
- Take all regular medications the day before the procedure.
- **Clear liquid diet includes** coffee, tea, clear carbonated beverages, flavored gelatin, clear broth, bouillon, consume. Avoid all other soups. You may use sugar and salt. Avoid all other condiments. Avoid all dairy products.

1st dosing regimen between 4pm and 6pm

- Begin taking 1st dosing regimen between 4pm and 6pm the evening before the procedure.
- Take four VISICOL Tablets with 8 oz. Of clear liquid every 15 minutes for 1 hour.
- Do not exceed 20 VISICOL Tablets.



2nd dosing regimen around 9pm

- At 9pm take 4 VISICOL tablets with 8oz. of clear liquid. Then, at 9:15 take 4 VISICOL tablets with 8 oz. of clear liquid. Do not exceed 8 VISICOL tablets.
- At 9:30 pm take 4 Ducolax tablets with at least 8 oz. of any clear liquid. Do not exceed 4 DUCOLAX tablets.

